# Ectomycorrhizal fungi associated with Arctostaphylos uva-ursi in Scotland: Exploring the biogeography of undiscovered fungal communities

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HESLING, E & TAYLOR, A.F.S. 2013: Ectomycorrhizal fungi associated with Arctostaphylos uva-ursi in Scotland: Exploring the biogeography of undiscovered fungal communities. – Karstenia 53: 00–00. HELSINKI. ISSN 0453-3402.

In the Scottish alpine environment there is a suite of ecologically significant plant species that are obligately associated with ectomycorrhizal (ECM) fungi. These plant species are in decline, and at present little is known about the potentially diverse communities of mycorrhizal fungi associated with them. This study sets out to provide a baseline description of the ECM community associated with Arctostaphylos uva-ursi over seven sub-alpine/alpine sites in the Scottish highlands. Traditional identification and Sanger sequencing of collected fruit bodies, coupled with next-generation sequencing of host plant root material were used to detect and identify ECM taxa. The ECM community was diverse, with 84 taxa identified to genus level. Only 29 of these are species previously recorded in Scotland. Eight species represent new records for Scotland and the remaining 47 taxa have not yet been identified to species level and are likely to include many currently undescribed species. 39% of species belonged to the genus Cortinarius, whilst Sebacina, Inocybe, Tomentella, Leccinum and Russula were also well represented. Community composition was similar to arctic-alpine ECM communities described elsewhere, but is unique within Scotland. The community was particularly dominated by Suillus variegatus, a species considered to be a specialist associate of Pinus spp. Almost one-fifth of species detected were 'specialist' associates of tree species, highlighting the potential capability of A. uva-ursi ECM communities to facilitate upland woodland regeneration in Scotland. This research should draw awareness to a highly diverse, but poorly recorded community, restricted to a rapidly declining habitat in Scotland.

Key words: Ectomycorrhiza, Arctostaphylos uva-ursi, alpine, low-alpine, inoculum, afforestation, Scotland, arctic-alpine mycology

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## Introduction

Arctic-alpine habitats are experiencing rapid change under the influences of climate change, elevated nitrogen deposition and land use both in Scotland and globally (Britton et al. 2009, Lenoir et al. 2008). They are inhabited by a group of fungi that perform a critical role supplying a suite of obligately dependent shrubs with nutrients required for survival and growth in these typically nutrient poor and climatically harsh habitats. However, mycological records are scarce within these habitats in Scotland, with no systematic procedures in place to establish data on fungal community composition or species biogeography. Historical recording of ectomycorrhizal (ECM) fungi in the sub-alpine and alpine zones of Scotland has been largely limited to the fungal associates of Salix repens and Salix herbacea (Hollingsworth & Iason 2005, Milne et al. 2006, Watling 2005). There are currently either very few or no records of fungi associated with other hosts such as Arctostaphylos spp., Betula nana, Dryas octopetala, Polygonum viviparum or other Salix shrub species. Watling (2002) discussed the association of several ECM macromycete species with Arctostaphylos uva-ursi in Scotland, however only 18 species of ECM fungi have currently been recorded with this host in the Fungal Records Database of the British Isles (FRDBI 2012). To date there has been no systematic survey of this habitat. This study sets out to establish baseline data to describe the ECM community associating with A. uva-ursi in subalpine and alpine habitats in Scotland.

Arctostaphylos uva-ursi is a procumbent ericaceous shrub which occurs as a dominant component of coastal heath on the north and northwest coasts of Scotland; inland within *Pinus* sylvestris forests as an understorey component; through the tree-line and beyond in ericaceous heathland; and up into the low-alpine zone to around 850 m a.s.l. in alpine heaths of the central Cairngorm mountain range. The national range of *A. uva-ursi* appears to have remained stable over the last century (Preston et al. 2002), but populations have been shown to be in dramatic local decline in some areas (Britton et al. 2009).

A study on a glacier forefront in the Austrian Alps recorded 99 ECM taxa in association with A. uva-ursi (Krpata et al. 2007) including species known to be specific to other hosts. This generalist associative trait of A. uva-ursi is credited for its apparent ability to facilitate local tree regeneration, potentially by providing fungal inoculum for seedlings. In Scotland, A. uva-ursi heaths currently inhabit the altitudes at which a Pinus sylvestris – Betula pubescens tree-line would exist at the base of the low-alpine zone were it not for deforestation over the past 500 years (Horsfield & Thompson 1996). Regeneration of upland native woodland is a conservation priority in Scotland (Forestry Commission 2009), therefore understanding the availability of ECM inoculum suitable for these tree species would be of benefit. This study uses traditional fruit-body collection and identification, coupled with next-generation sequencing of root associated fungi to provide a species list of ECM fungi that occur in association with A.uva-ursi. Below

ground sequence data also provides an approximate measure of relative abundance for taxa detected. This article is part of the proceedings of the 9<sup>th</sup> International Symposium of Arctic and Alpine Mycology (ISAM) held at Kevo Subarctic Research Station in Inari Lapland, Finland, 26.08.–01.09.2012.

#### Material and methods

Study sites: Seven sites were selected across mainland Scotland, incorporating both the major population centres and geographical extremes of the host *A. uva-ursi*'s known range (Fig. 1). A single visit was made to each site between August and October 2010, with one additional visit to sites A and C, and four additional visits to site B (including one visit in October 2009) for additional fruit body collection. At each site the highest altitudinal patch of the host found was selected for sampling, which in each area was above the extant tree line. Sampling was then conducted within a  $100 \times 100$  m plot in this area.

*Fruit body collection and analysis:* All fruit bodies seen within the site area were collected, up to a limit of three collections per discernible species. Collections were photographed when possible, transported to the lab within 24 hours and then described, dried and stored. DNA was extracted from a small section of the lamellae, pores or spore mass and then amplified using CTAB extraction and PCR protocols as in Irmark et al. (2012). Amplicons were then purified and Sanger sequenced by Macrogen Europe (Amstelveen, Netherlands). Sequences were checked for quality, and searched against the UNITE (Abarenkov et al. 2010) and INSD (GenBank, EMBL, DDBJ) databases using BLASTn (Altschul 1990) through the UNITE portal (http://unite.ut.ee/analysis.php).

Below ground sampling: In each site area ten plants were selected, from which fine roots were traced, and three samples spaced around the plant were collected each containing a minimum of 100 mycorrhizal root tips. The root samples from a site were bulked to give a single sample per site, cleaned to remove all visible soil debris and woody root sections, and then screened under × 3.15 magnification to check that only *A. uva-ursi* roots were included. The number of live root tips were counted per sample. Samples were freeze-dried, then milled into a fine powder.

Below ground molecular analysis: Three replicate DNA extractions were performed for each sample using DNeasy Plant Minikit (QIAGEN, Hilden, Germany) using 20 mg of milled root per reaction, then combined to give a single extract per sample. Quantitative PCR was performed to determine the optimum PCR template dilution and number of PCR cycles per sample extract, requiring dilutions in the range of 1/200 to 1/10000, with 25 or 27 PCR cycles. The ITS2 region was amplified in 5 replicate PCR reactions for each sample to provide sufficient DNA for sequencing. PCR was conducted on a 2720 Thermal Cycler (Life Technologies, Carlsbad, CA, USA) in 50 µl reactions: 25 µl of diluted template; 200 µM of each nucleotide; 2.75 mM MgCl2; 200 nM ITS7A primer (Ihrmark et al. 2012); 200 nM ITS 4 primer with a 3' 8bp tag distinct by at least 2 bp for each sample; and 0.025 U/µl polymerase (DreamTaq Green, Thermo Scientific, Waltham, MA, USA) in buffer. Cycling parameters were: 94°C for 5 min then 25 to 27 cycles at 94°C for 30 s; 57°C for 30 s; 72°C for 30 s; with a final extension of 72°C for 7 min. PCR products were purified using the AMPure 96 kit (Beckman Coulter, Brea, CA). Amplicon DNA concentrations were established using a Qubit 1.0 fluorometer (Invitrogen, Paisley, UK). They were then mixed in equal molar proportion into a combined sample, which was further purified using a GeneJET PCR Purification kit (Thermo Scientific, Waltham, MA, USA), freeze-dried and then subjected to 454-sequencing after addition of sequencing adaptors by ligation. Adaptor ligation and sequencing was performed by LGC Genomics GmbH (Berlin, Germany) on a GL FLX Titanium system (Roche, Basel, Switzerland).

Below ground data analysis: Within the SCATA pipeline (scata.mykopat.slu.se) sequences were filtered discarding strands with an average quality score below 20 or below 10 at any position, shorter than 100 bp or missing 5' or 3' primers and tags. Sequences were then were trimmed of ITS4 and ITS7A primers and clustered with a stringency of 98.5% similarity. Clusters were searched against the UNITE and INSD databases and fruit body sequences generated by this study using BLASTn. Taxa pertaining to non-ectomycorrhizal genera were discarded (Rinaldi et al. 2008, Tedersoo et al. 2010a). Neighbour-Joining phylogenies were constructed using the ITS2 sequences within genera and subgenera for all fruit-body and root associated ECM sequences to optimise grouping of records into putative taxa. Funga Nordica (Knudsen & Vesterholt, 2012) and Mycobank (Crous et al. 2004) were used as authoritative references on extant species. Voucher specimens are kept in the personal collection of AFS Taylor held at The James Hutton Institute, Aberdeen, Scotland.

## Results

Across four of the seven sites surveyed (A-D), 128 fruit body collections were made, identified as 40 ectomycorrhizal species (Table 1). No fruit bodies were observed during visits to the remaining three sites. Fifty-seven thousand root tips were analysed over the seven sites, from which thirty-five thousand ITS2 sequences passed quality control. These were assigned to ectomycorrhizal operational taxonomic units clustered at the 98.5% similarity level, considered hencewith as 'taxa'. Over the seven sites studied, 12 species collected as fruit bodies were also detected molecularly in association with the roots of *A. uva-ursi*. A further 44 taxa were detected only on roots, giving a total of 84 taxa recorded and identified to genus level. Thirty-seven taxa were assignable to described species, eight of which have not previously been recorded in Scotland. Eight species were also putatively identified to species level, but more data is required for confirmation. No conclusive match was found for the remaining 39 taxa to any ITS sequence in public databases identified to species level.

The 84 taxa recorded belong to 20 genera. These were dominated by the genus *Cortinarius* comprising 33 taxa (39%), whilst Sebacina, Inocvbe, Tomentella, Leccinum and Russula were also specious groups. The ECM community was particularly dominated by Suillus variegatus, detected on roots at all seven sites, and comprising more than 10% of root associated sequence reads at five of these. Other dominant species included Suillus luteus, Leccinum cf. vulpinum coll. spp. 1 & 2, Cortinarius elatior s. Bendiksen, Cortinarius Sect. Dermocybe sp. 2, Tomentellopsis submollis, and Thelephora terrestris. A small number of species are likely to be alpine specialist species, for example Russula nana and C. aff. pauperculus. Notably 19% of species detected are considered to be host specific to Pinus: Cortinarius bayeri, C. carabus, C. fusisporus, C. melitosarx, Inocybe sambucina, Russula sardonia, Suillus luteus, S. variegatus, Tricholoma focale. Host specific to Betula are: Leccinum cf. niveum and L. variicolor, and to Picea: C. albovariegatus ss. (Velen.) Melot, C. floccopus, C. fulvescens, C. vibratilis and Lactarius sphag*neti*. Several of these species were particularly prevalent within the below ground communities. All other identified species are generalists with lower host specificity, documented as associating with a number of tree or shrub species (Knudsen & Vesterholt 2012).

Below ground richness in taxa was relatively comparable across sites (n = 16 to 23), and is low considering the sensitivity of next-generation sequencing and the high species richness of fruit bodies collected at the highly sampled site B. This is likely to reflect the sampling limitation of ten host plants per site, which in hindsight appears insufficient to deal with the spatial heterogeneity of ECM genets across a site. The number of root tips sequenced for each site did not correlate with taxa richness.

## Discussion

Only 36% percent of species detected in this study have been identified as species previously recorded in the United Kingdom. The high proportion of previously unrecorded taxa includes several fruit body collections intended for novel species description, and at least eight new species records for Scotland. It is highly unusual in modern times for such a high proportion of previously unrecorded species be found within a habitat of the UK, where relative to many other countries there is a long and detailed history of fungal species recording. This reflects the comparatively low level of recording within this habitat in the UK, but is also due to the application of molecular techniques unveiling taxa within cryptic groups such as the Cortinarius subgenus Telamonia. Additionally next-generation sequencing has identified species potentially missed by fruit body collection and root tip morphotyping techniques

The ECM community detected is very similar in structure to that found with A. uva-ursi in the Austrian Alps by Krpata et al. (2007), with a large proportion of species of generalist host association and habitat preference, a small proportion of alpine specific species, and a prevalence of the genera Cortinarius, Sebacina, Inocybe, Russula, Suillus and Tomentella. The dominance of Cortinarius in terms of the species richness of the ECM community is a common trait in arctic and alpine communities (Jumpponen et al. 2002, Kernaghan & Currah 1998, Kernaghan & Harper 2001, Krpata et al. 2007, Nara 2006). Adaptive alpine specialisation amongst species may be an explanation for the high number of unidentified species and those previously unrecorded in the UK.

A considerable proportion of species detected are considered host specific to *Pinus, Betula* or *Picea*. Sites were all well above the existing treeline, and tree species are likely to have been absent for at least several hundred years. Several of these species, notably *Suillus* and *Leccinum* species, were particularly dominant below ground strongly suggesting that these fungal species are permanent associates of *A. uva-ursi* within the alpine habitat. This is in accordance with the observations of Krpata el al. (2007), Molina & Trappe (1982) and Zak (1976) who found that *A. uva-ursi* is a generalist host capable of accepting 'specialist' fungi. Interestingly *Picea* spp. are not native to the UK, so *Picea* specialist fungi have either colonised *A. uva-ursi* in the last century from stands of commercially grown introduced *Picea*, or have been resident with *A. uva-ursi* since arctic and alpine vegetation recolonised Scotland during deglaciation around 9700 y BP (Birks & Mathewes 1978).

Very few natural altitudinal tree lines exist in Scotland, since the uplands have largely been deforested. However, regeneration of the upland woodland including low alpine scrub has become a conservation activity within recent decades (Forestry Commission 2009). Arctostaphylos uva-ursi is a dominant component of montane heath in many areas from sea level on the north and far north-west coasts, through the low alpine zone, to beyond the assumed altitudinal limit of tree species in the central mountain ranges (ca 750 m a.s.l. (Horsfield & Thompson 1996)). The apparent refugial property of A. uva-ursi in harbouring specialist ECM fungi for a range of tree species, lends it to facilitating upland woodland establishment, which should be borne in mind when selecting sites for regeneration projects.

## Conclusions

The dual approach of fruit body collection coupled with below ground next-generation sequencing was successful in detecting the presence of groups of fungi that may have been missed if sampling was limited to one method alone. However, any combination of approaches will only ever detect a 'pie slice' of the community, with above ground collections missing small, hypogeous or infrequently fruiting species, and root sample sequencing exposed to a number of biases (Tedersoo et al. 2010b). As discussed earlier, careful planning is required of the spatial sampling strategy within a survey area for samples intended for next-generation sequencing, and should exceed the quantity of samples taken in this study to gain better coverage of the ECM community.

Over the seven sites studied, a typically alpine community was detected, dominated by generalist species and many *Cortinarius* spp., but also including alpine specialists. The overall diversity was high, including a large proportion of novel and previously unrecorded species. The ECM community associated with *A. uva-ursi* is diverse and unique within the UK, with the potential to provide an important environmental service by facilitating upland woodland regeneration. This study should lend weight to the consideration of dwarf alpine shrubs as important yet threatened 'habitats' for diverse ectomycorrhizal fungal communities.

*Acknowledgements:* The authors would like to thank Bjorn Lindahl, Karina Clemmensen, Kare Liimatainen, Tuula Niskanen, Ian Alexander, Katie Grundy, Kate Carroll, Sam Hesling, Alison Williams, Nadine Thomas, Susan Jarvis, Dave Genney, Alison Hester, Andrea Britton and Julia Fisher for their help and support throughout this project.

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Table 1. Ectomycorrhizal taxa detected in association with *Arctostaphylos uva-ursi* at sites A-G. 'AT' denotes fruit body collection code, 's' denotes ITS 2 sequence detected on *A. uva-ursi* roots with closest reliably identified matches' accession code from UNITE/INSD with number of base pair matches in BLASTn aligned string, '†' denotes fruit body sequence identified by K. Liimatainen, 'X' denotes at least one collection of sporocarp(s) collected at that site. ITS2 sequence for species detected below ground as a proportion of ectomycorrhizal sequence reads at that site: \*<0.01, 0.01<\*\*<0.1, 0.1<\*\*<0.5, 0.5<\*\*\*<1.

Taxon name	Reference	Closest match UNITE/INSD	V	m	ပ	╸	Ξ	Ŀ.	ں ں
Cenococcum geophilum	s	HM189729 Cenococcum geophilum 242/242		*					*
Coltricia perennis	AT2009018	UDB001536 Coltricia perennis 834/836		x					
Cortinarius aff. pauperculus	s	GQ159858 Cortinarius aff. pauperculus 297/297		1	*				.
Cortinarius albovariegatus coll.	AT2010017	*	x						.
Cortinarius bayeri	AT2010131	*		x					.
Cortinarius carabus	AT2010145	EU266654 Cortinarius carabus 567/567		x					.
Cortinarius cf. casimiri	s	HQ650744 Cortinarius casimiri 277/279		1			1	*	.
Cortinarius claricolor	AT2010122	UDB002124 Cortinarius claricolor 632/632		x					.
Cortinarius elatior ss. Bendiksen	AT2010023, s	*-	Х*		*	*	*		****
Cortinarius floccopus	AT2010033	-j=	x						
Cortinarius fulvescens	AT2010100	-;		×	1				.
Cortinarius fusisporus	AT2009028	-i		x					
Cortinarius melitosarx	AT2010143			x	1				
Cortinarius mucifiuus	AT2010022, s		x		1				
Cortinarius phoeniceus	AT2009011	JN114085 Cortinarius phoeniceus 649/649	•	Х		I	•		
Cortinarius cf. riederi	s	JF907910 Cortinarius riederi 226/226					**		
Cortinarius suberi	AT2010121	HQ845172 Cortinarius suberi 540/541		x					.
Cortinarius turgidoides	AT2009025	-;		×	1				.
Cortinarius vibratilis ss. Kytövuori & Niskanen	AT2010182	UDB000926 Cortinarius vibratilis 559/559			x				
Cortinarius Sect. Anomali sp. 1	s	*				*			
Cortinarius Sect. Anomali sp. 2	AT2010188				X	1			
Cortinarius Sect. Dermocybe sp. 1	AT2010109	*	•	Х		I	•		
Cortinarius Sect. Dermocybe sp. 2	AT2010171, s	**		X*	$X^{**}$	1	* **	*	*
Cortinarius Sect. Dermocybe sp. 3	AT2009023	*		Х		1			
Cortinarius Sect. Fulvescentes/laeti sp. 1	AT2010134		Х	x					
Cortinarius Sect. Fulvescentes/laeti sp. 2	AT2010130	**==		Х		·			
Cortinarius Sect. Myxacium sp.1	s	UDB001569 Cortinarius stillatitius 301/301							*
Cortinarius Sect. Obtusi sp. 1	AT2010189, s	*	X**	*	X***		•		*
Cortinarius Sect. Vibratiles. sp. 1	AT2010186, s	*	*	ı	Х	ı	*		1

Cortinarius Sect. Vibratiles. sp. 2	AT2010117		ı	Х	ı	ı			
Cortinarius sp.1	S	UDB001090 Cortinarius microspermus 297/298	ı		*	1	1	1	
Cortinarius sp.2	s	DQ481694 uncultured Cortinarius 281/312	ı			ı	*		
Cortinarius sp.3	s	HM044580 uncultured Cortinarius 282/286	1		*				
Cortinarius sp.4	s	FM992916 uncultured Cortinarius 306/306	*				* *		*
Cortinarius sp.5	s	AY 669654 Cortinarius spilomeus 332/337	1				*		
Inocybe jacobi	s	FN550883 Inocybe jacobi 272/274	1	*					
Inocybe lacera	AT2010096	GQ267473 Inocybe lacera 645/645	1	x					
Inocybe sambucina	AT2009007	AM882757 Inocybe sambucina 623/626	1	x				1	
Inocybe Sect. Marginatae sp. 1	AT2010095	Not sequenced	1	x				1	
Inocybe sp.1	AT2010118, s	HQ604091 Inocybe fuscidula 610/625		X*	*	1		1	
Inocybe sp.2	S	HQ604316 Inocybe lanuginosa 295/306		*		1		-	
Laccaria proxima	AT2009020	UDB001490 Laccaria proxima 626/626		x		x			
Lactarius cf. hysginoides	AT2010111, s	UDB000825 Lactarius hysginus 690/691	1	х		1			*
Lactarius rufus	s	UDB011506 Lactarius rufus 356/356	1			*			
Lactarius sphagneti	s	UDB000298 Lactarius sphagneti 360/361	1			*			
Leccinum aurantiacum	s	UDB001370 Leccinum aurantiacum 415/415	1				***	*	
Leccinum cf. niveum	s	UDB001378 Leccinum holopus 410/410	1	ı	*	1	*	1	
Leccinum cf. vulpinum coll. sp. 1	AT2010194, s	UDB001379 Leccinum vulpinum 690/698	*	1	X**	* *	*	*	
Leccinum cf. vulpinum coll. sp. 2	AT2010168, s	UDB001379 Leccinum vulpinum 366/370	*	X*	* *	* *	*	* *	
Leccinum variicolor	s	UDB001376 Leccinum variicolor 404/406	1				*	*	
Peziza badia	AT2010056	JF908544 Peziza badia 577/577	1	x	×	×			
Piloderma sp.	S	AY 097044 uncultured Piloderma 292/292			***				
Pseudotomentella tristis	s	UDB000032 Pseudotomentella tristis 317/317	*	*		1		1	*
Rhizopogon luteolus	AT2010018	UDB001618 Rhizopogon luteolus 702/702	x	X		1		1	
Russula nana	AT2010049, s	UDB000914 Russula nana 646/647	ı		Х	Х	ı	*	*
Russula sardonia	s	UDB001638 Russula sardonia 331/331	* *			*		* *	
Russula sp.	s	UDB011190 Russula sanguinea 333/334						*	
Russula velenovskyi	s	UDB011294 Russula velenovskyi 357/357			•	1	1	1	*
Sebacina sp.1	S	HQ211995 uncultured Sebacina 298/304			*	ı		-	
Sebacina sp.2	S	HQ211919 uncultured Sebacina 294/306	ı		*		*	*	*
Sebacina sp.3	S	HQ211919 uncultured Sebacina 303/305	*	*	*	1		*	*
Sebacina sp.4	S	HQ154392 uncultured Sebacina 294/304	*			*	*	-	*
Sebacina sp.5	S	AY112924 Sebacina sp 297/306	1	1	*	•	*	1	

Sebacina sp.6	S	AY 11 2928 Sebacina sp 291/299					*		
Sebacina sp.7	S	GQ907142 uncultured Sebacina 298/306	*	1	*	*	*	*	*
Sebacina sp.8	s	GQ907128 uncultured Sebacina 312/312	*	1				1	*
Sebacina sp.9	s	HQ211611 uncultured Sebacina 292/295				1		1	*
Suillus luteus	AT2010196, s	UDB000930 Suillus luteus 331/344	*	*	x	***	*	***	
Suillus variegatus	AT2010193, s	DQ179130 Suillus variegatus 610/611	X****	X****	$X^{***}$	***	*	***	*
Thelephora terrestris	s	HM189964 Thelephora terrestris 314/314	*	* *	***	***	*		
Thelephora sp.	s	AJ549972 uncultured Thelephora 307/315		*	*	*		1	
Tomentella cf. ellisii	s	UDB000219 Tomentella ellisii 314/314	1			*	**	1	*
Tomentella sp. 1	s	UDB001663 Tomentella sp. 310/310				*			
Tomentella sp. 3	s	EF218830 uncultured Tomentella 312/317		*				1	
Tomentella sp. 4	s	UDB003305 Tomentella 309/315	*			1		1	
Tomentella sp. 5	s	JF304366 uncultured Tomentella 314/316	*			1		1	
Tomentellopsis submollis	s	UDB000198 Tomentellopsis submollis 321/321	* *	* *	*	*		*	*
Tomentellopsis sp.	s	UDB008250 Tomentellopsis 321/322				*		1	*
Tricholoma focale	AT2010085	UDB002364 Tricholoma focale 347/347				x			
Tricholoma virgatum	AT2010035	UDB011594 Tricholoma virgatum 401/401	x		1			1	
Wilcoxina sp.1	s	DQ320129 uncultured Wilcoxina 252/256	***		*	*		1	
Wilcoxina sp.2	S	EU668956 uncultured Wilcoxina 254/255	•	*		1			
Wilcoxina sp.3	S	HM146894 uncultured Wilcoxina 255/255	•			ı	*	-	
Xerocomus ferrugineus	AT2009002, s	UDB001673 Xerocomus ferrugineus 631/631		$X^*$		*		-	
Total number of taxa detected below ground:			18	17	21	19	23	16	21



Fig. 1. Collection sites in Scotland: A = Carn Dearg Mor, near Aviemore, 660 m a.s.l.; B = Culardoch, near Braemar, 732 m a.s.l.; C = Carn Ban Beag, Glen Feshie, 764 m a.s.l.; D = Sandy Hillock - Creag Bhiòrach, Glen Muick; E = Beinn na h-Imeilte, Ardnamurchan peninsula, 165 m a.s.l.; F = Carn na Caorach, Dundreggan, 510 m a.s.l.