Lactarius vellereus and L. bertillonii in Fennoscandia and Denmark

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Although the large and conspicuous milk-caps of the Lactarius vellereus group are well-known to most mycologists, the taxonomy and nomenclature of the group are not very clear. In Europe one (e.g. Neuhoff 1956, Moser 1983), two (e.g. Bon 1987), three (Romagnesi 1980) or four (Schaefer 1979, Bon 1980b) species have been recognized in the group. In addition, several varieties have been described, especially by Blum (1966). In North America, Hesler & Smith (1979) have recognized the stirps Subvellereus, containing two species with two varieties each. Strid (1987) presented a synopsis of the nomenclature of the L. vellereus group from the Fennoscandian point of view.

In Europe various authors have generally used the name L. vellereus for the whole complex or for the commonest species in each author's study area. In Finland the name L. bertillonii was adopted by Ahti (1976, as L. vellereus var. bertillonii) and Korhonen (1984). During field work in South Sweden in autumn 1985, I. Kytövuori observed that two species of the L. vellereus group occur in Fennoscandia. Since then field work in Finland, Denmark and especially Sweden has been continued and the material of the Fennoscandian herbaria has been revised to clarify the distribution of the species in Fennoscandia (preliminary results published in Korhonen & Kytövuori 1987).

Material and methods
Specimens were checked in the following herbaria: BG, C, GB, H, JYV, LD, KUO, O, OULU, PRM, S, TRH, TUR, UPS (the symbols according to Holmgren et al. 1981). One specimen was examined from the private herbarium of Mrs. S. Muskos, Sundsvall.

Microscopical characters were examined with the microscope Leitz Laborlux 12 at magnifications of about 625 and 1 560. Spores, basidia and surface hairs were drawn with the Leitz drawing tube at a magnification of 2 000. Spores were examined, measured (with an ocular micrometer) and drawn from slides showing the surface view of pieces of gills of dried basidiocarps, mounted in Melzer's reagent. Only
spores in a horizontal position were measured; young, anomalous, very small or gigantic spores were excluded. Length and width were measured from the same spore and the length/width ratios were calculated for individual spores.

Basidia and cystidia were drawn and measured from slides with squashes of Gill pieces taken from somewhat younger basidiocarps than in the case of the spores and surface hairs were drawn from slides with squashes of pieces of epicutis, both mounted in Melzer's reagent. In older basidiocarps the cystidia were often somewhat collapsed. If the drying conditions are not satisfactory, the hymenium may be squeezed strongly in drying herbarium specimens, and therefore only the best specimens were used in measuring the basidia.

The microscopical studies and revision of the herbarium material were done by Kytövuori. The illustrations are our own.

Key to species

1. Latex mild (when separate from flesh), pileus and stipe covered by fairly long and thick hairs, spores subglobose, finely reticulate ........................................ 1. L. vellereus
   - Latex strongly acrid, hairs shorter and thinner, spores ellipsoid to broadly ellipsoid, ornamentation finer, not reticulate .................................................. 2. L. bertillonii

1. Lactarius vellereus (Fr.: Fr.) Fr., Figs. 1–3, 5.


Large and robust, most often regular in form. _Pileus_ 10–30(–40) cm wide, convex-depressed to plano-depressed, with margin inrolled when young, outrolling and broadly infundibuliform with age, dry, covered by woolly hairs throughout. The hairs long, somewhat curled, with tips tanged into acute tufts, also present in the oldest basidiocarps. Colour uniformly pure white to pale ochraceous or deeper ochraceous in the centre, in dried basidiocarps most often more deeply ochre. Context thick (10–20 mm at broadest point of lamellae) and firm, burningly acrid, with fairly strong somewhat sweetish odour. Latex white, ± unchanging, mild or only slightly bitter when separate from the flesh, not at all acrid.

_Lamellae_ adnate, moderately narrow (3–10 mm at broadest point, the context 1.6–3.5 times as thick at the same point), but broader and thinner than in _L. bertillonii_, subdistant, straight, not or only sparsely forked, whitish, lamellulae numerous.

_Stipe_ most often central, stout, 2–7 cm long, 2–5 cm thick, hard, solid, of even thickness or slightly tapering downwards, dry, hisurate like the pileus, but the hairs usually not tangled into tufts.

_Spores_ 8.5–11.0 × 7.4–9.3 μm (263 spores from 14 ex.), length/width ratio 1.13–1.24, subglobose, with amyloid ornamentation of very slender broken reticulum up to 0.2 μm high, plage inamylloid, fairly wide (Figs. 2, 3).

_Basidia_ 66–81 × 9.5–11.5 μm (44 bas. from 4 ex.), 4-spored. Macrocytistidia abundant, 50–100 × 5.5–8.5 μm (131 cyst. from 7 ex.), narrowly clavate with rounded apex when young, more pointed with age, imbedded or slightly (up to 25 μm) projecting, with the broadest point in the hymenium. Cheilocystidia abundant, similar to the macrocystidia, but smaller, 30–75 × 5–8 μm (158 cyst. from 7 ex.), and more (15–37 μm) projecting. Differentiated pseudocystidia not seen.

_Pileal hairs_ long, somewhat curled, thick-walled, at the tip 2.5–5.5 μm thick (324 hairs from 28 ex.), only slightly thicker at the base. Cauline hairs similar but somewhat straighter.

Distribution and ecology

Though the yearly fluctuation may be very wide, _Lactarius vellereus_ seems to be common in the temperate zone in Denmark, in southernmost and southwesternmost Sweden and in westernmost Norway. It occurs in frondose woods, especially in beech woods, where it may sometimes be extremely abundant. It also grows in association with _Quercus_ or _Betula_ or some other deciduous tree species and _Pinus sylvestris_ has often been reported from the places where specimens have been collected.

Farther north in the hemiboreal zone the species soon becomes much rarer (Fig. 1). It occurs along the coast up to the Oslo and Stockholm regions, in Åland and very rarely in the southernmost part of the Finnish continent. In the interior of South Sweden it seems to be rare and lacking in large areas.

The northernmost occurrences of _L. vellereus_ are known from the southern part of the southern boreal zone, close to the coast, near Helsinki in Finland, near Sundsvall in Sweden and in southern Nordland in western Norway. At the northernmost localities it grows in association with _Betula._
The species is not exacting as regards the nutrient contents of the soil. The characteristic habitats are fairly rich in herbs with a poorly developed and discontinuous moss layer. The distribution corresponds rather well to the vegetation zones (cf. Ahti et al. 1968), and the northern limit is not correlated with that of any of the mycorrhizal partners.

Outside Fennoscandia \textit{L. vellereus} is one of the most common \textit{Lactarius} species in the temperate zone in lowlands in Europe (Neuhoff 1956, Pilát & Ušák 1961, Phillips 1981, Krieglsteiner 1984, Bon 1980b, 1987, Kreisel 1987). In North America its occurrence is doubtful (cf. Hesler & Smith 1979). The species has not always been correctly separated from \textit{L. bertillonii}, but apparently at least most of the reports of the above authors are best referred to \textit{L. vellereus} s. str. In Pilát & Ušák (1961) most of the description conforms with \textit{L. vellereus} s.str., but some characters, e.g. the acid latex and the early termination of fruit body production (cf. below), belong to \textit{L. bertillonii}.

In Fennoscandia \textit{L. vellereus} produces basidio-carps fairly late in the autumn (Fig. 5). The earliest
species have been collected at the end of August and the latest in November. The species seems to be nearly one month later than *L. bertillonii*. In the Czechoslovakian material in PRM (25 collections) the difference in the phenology is also evident. The late fruit body production of *L. vellereus* may be a factor limiting the distribution of the species in the north.

Discussion
The interpretation of the name *Lactarius vellereus* is confusing. Many authors have approached the question solely from the nomenclatural point of view and neglected to go deeper into the morphological variation and the distribution of the complex. Considerable attention has been paid to the variation in the taste, to the colour change and some other chemical reactions of the latex and to the density of the lamellae, but no revision of larger material exists. Of the commonly used characters, the density of the lamellae is, on the whole, the only one which can be used in dried material. Strid (1987) knew only one taxon in Sweden, which had acrid latex, and he considered the existence of a taxon with mild latex doubtful, while Krieglsteiner (1984) and Kreisel (1987) in Germany emphasized the mildness of the latex. Schaefer (1979) recognized some heterogeneity in *L. vellereus*, but he seems to have been confused by the abundance of the earlier described variants.

In France Romagnesi (1980) reported three species of the *L. vellereus* complex but interpreted the acrid-milked species as *L. vellereus* s.str. Bon (1980b) accepted Neuhoff's (1956) treatment and divided the present complex into two groups: the stirps *Vellereus*, containing *L. vellereus* s.lat. and *L. albivellus* Romagnesi with subglobose, reticulate spores and unchanged latex, and the stirps *Bertillonii* with narrower and non-reticulate spores and latex turning yellow. Besides *L. bertillonii*, he included in the latter group *L. moravicus* Z. Schaefer, described from Czechoslovakia, and the American *L. subvellereus* Peck. In North America Hesler & Smith (1979) have divided the complex in the same manner.

In Fennoscandia also the material of the complex can easily be divided into two. The one group is characterized by mild latex (when separate from the flesh), long and thick hairs on the pileus and stipe and large, subglobose, ± reticulate spores, while the other has strongly acrid latex, shorter and thinner hairs on the pileus and stipe, and ellipsoid to broadly ellipsoid, finely ornamented but not reticulate spores. In spite of some variation in the characters, the specimens can always be identified as one or other of the two taxa, and no intermediate forms exist. The determination is best done by comparing pieces of gills or hairs from different specimens mounted side by side on the same slides. With young basidiocarps only hairs can be used. The hairiness can also successfully be compared by checking different basidiocarps side by side under a dissecting microscope. In the field in dry weather, or in old basidiocarps in general, the latex may be scanty and may be difficult to separate from the flesh for tasting, which easily causes confusion in the identification, if other characters are not used.

The differences between the two taxa mentioned above are so numerous that they can certainly be separated at the specific level. The problem is to which of them the name *L. vellereus* belongs.

When Fries (1821) published his Systema plantarum, he was living at Femsjö in southwesternmost Småland in South Sweden and had been a student at Lund in Skåne. In Skåne the mild-milked species is much commoner than the other one. In the Femsjö region both species exist. We have visited Femsjö only once (in September 1987), and then the mushroom season was very poor and only two very scanty occurrences of the acrid-milked species were seen. But all the 5 specimens from Femsjö existing in the Swedish herbaria represent the mild-milked species. One of them is the large exsiccata specimen 2334 of

![Diagrams showing the spore size of *Lactarius vellereus* and *L. bertillonii*. The lines are drawn on the basis of scatter diagrams, and represent 95% of the spores measured on each species (*L. vellereus* 263 spores, 14 specimens, *L. bertillonii* 354 spores, 18 specimens). x axis: length of spores. y axis: width of spores.](image-url)
Lundell (in many herbaria), which according to the label was collected "along the ancient road from Prästgårdens såg", and thus evidently included material from a fairly large area. In 1988 Kytövuori searched for the group in the country around Femsjö. Four occurrences (all mild-milked) were found: at Rolfstorp, Vessige and Torup in Halland W of Femsjö and at Angelstad in Småland E of Femsjö. These observations indicate that the mild-milked species is the commonest of the two in Femsjö.

Fries (1821) said nothing of the taste of *L. vellereus*, but his note on the ecology "In Fagetis, dumetis, etc. abunde" supports Neuhoff's (1956) conclusion that the mild-milked species should be considered to be *L. vellereus* (Fr.: Fr.) Fr. Later Fries (1838) reported that the latex of *L. vellereus* was acrid, but then he was living in Uppsala, where the acrid-milked species is apparently the only one of the group.

The specimen of Lundell, Fungi Exs. Suec. Ups. 2334 from Femsjö (UPS, Lundell & Nannfeldt 1956)
is therefore here selected as the neotype of *L. vellereus* (Fr.: Fr.) Fr.

**Specimens examined**

The delimitation and order of the biological provinces are according to the forthcoming "Flora Nordica".


**2. Lactarius bertillonii** (Neuh. ex Z. Schaefer) M. Bon, Figs. 2–5.


Large and robust, often anomalous in form. *Pileus* 10–20–(25) cm wide, convex-depressed to plano-depressed, with margin inrolled when young, slowly outrolling with age, dry, covered by woolly hairs throughout. The hairs shorter, somewhat more curled and less tangled into acute tufts than in *L. vellereus*, present in the oldest basidiocarps as well. Colour uniformly pure white to pale ochraceous, white or pale ochraceous also in dried basidiocarps. Context thick and firm, with only faint, somewhat sweetish odour. Latex white, very slowly changing to yellow-

Fig. 5. Fruiting periods of *Lactarius vellereus* and *L. bertillonii* according to the material examined. x axis: the period from 16.VII to 24.XI divided into pentads. y axis: number of specimens collected (or field observations made by the authors) in each pentad.
ish, with KOH at first yellow, soon orange (cf. e.g. Bellú 1989), very strongly acrid even when separated from the flesh.

Lamellae adnate, moderately narrow, thick (3–6 (–8) mm at broadest point, context 2–5 times as thick at the same point), distant, straight or somewhat flexuose near the stipe, often forked and anastomosing, whitish, lamellulae numerous.

Stipe robust, often somewhat eccentric, 3–8 cm long, 2–6 cm thick, most often relatively larger than in L. vellereus, hard, solid, most often tapering downwards, dry, hisrtle like the pileus, but the hairs still less tangled into tufts than in L. vellereus.

Distribution and ecology

Lactarius bertillonii is the commonest species of the present group in Fennoscandia. It is common in the hemiboreal zone near the southern coast of Finland and in the southern part of Sweden south of Uppland (Fig. 4). In the temperate zone, in Skåne, Halland and southernmost Blekinge, it is rarer and markedly less common than L. vellereus. In Denmark the species is not yet known, but it will probably be found there, as the nearest occurrences in Skåne in Sweden are so close.

In the southern boreal zone it is common in the southern part but rapidly becomes rarer farther north and is unlikely to exceed the northern limit of that zone. Thus the distribution of the species is unusually narrow in the south–north direction. According to the specimens in the Norwegian public herbaria, the species is fairly rare in both the Oslo region and Vestlandet in Norway. The distribution corresponds well to the vegetation limits of the southern boreal and hemiboreal zones (cf. Ahti et al. 1968), though its mycorrhizal hosts have quite different distribution limits.

The species grows in frondose broad-leaved or mixed woods. It is unlikely to occur in pure coniferous woods in Fennoscandia, but often only a few broad-leaved trees are present in its habitats. It is not dependent on any specific tree species. Basidiocarps are found not only in pure Fagus or Quercus woods or around solitary Quercus trees, but also in Betula forests or conifer forests mixed with Betula. Farther north Betula becomes the most important mycorrhizal host. L. bertillonii never seems to be as abundant in its habitats as L. vellereus may be. Most often the habitats are half-open, and fairly rich in herbs and the moss layer is discontinuous or poorly developed. Slight grazing by cattle or sheep or cutting or trampling of the vegetation favours the species, or at least its basidiocarp production.

In Fagus–Quercus woods at least, L. bertillonii may occur together with L. vellereus, but we have not yet seen real mixed stands.

The distribution of the species outside Fennoscandia is difficult to outline, as L. bertillonii is commonly overlooked in the mycological literature. Neuhoff (1956) saw only a few specimens of the species and Schaefer (1979) considered it to be rare, but clearly did not know it very well. In France the presence of L. bertillonii has been reported, but only very scanty information on its distribution or abundance is given, e.g. by Bon (1980b), Marchand (1980) and Romagnesi (1980). Bon (1987) causes further complications when he says of L. bertillonii: "taste only slightly acrid", a very surprising comment on the species which in Fennoscandia is most acrid. Phillips (1981) reports L. vellereus var. bertillonii from the British Isles and his notes on the phenology of L. vellereus s. lat. confirm the occurrence of L. bertillonii there, but no detailed reports exist. According to the specimens in PRM (9 ex. L. vellereus, 12 ex. L. bertillonii) and S (4 ex. L. vellereus, 5 ex. L. bertillonii), the species seems to be not infrequent in Czechoslovakia and in uplands in and round the Alps. The description of L. vellereus in Bresadola (1928) also fits L. bertillonii well. Urbonas et al. (1986) report only L. bertillonii from the Baltic countries of the U.S.S.R. More extensive studies on larger material will presumably show that L. vellereus occurs there as well.

In Fennoscandia L. bertillonii produces basidiocarps early in the autumn (Fig. 5). The earliest specimens have been collected in the middle of July and the
Discussion

*Lactarius bertillonii* is easily distinguished from *L. vellereus* by the strongly acrid latex (also when separated from the flesh), shorter and thinner hairs on the pileus and stipe and ellipsoid to broadly ellipsoid, finely ornamented but not reticulate spores. However, pileus and stipe and ellipsoid, respectively in this group differed.

Some differences exist, e.g., very copious latex and *L. bertillonii* is clearly a distinctive species and definitely different from *L. vellereus*, but more material and work is needed to clear up the other taxa possibly existing in the *L. vellereus* group.

Specimens examined

U.S.S.R. Karelian ASSR: Vyborg, 1892 Thesleff (H).

Finland. Ahvenanmaa (Åland): Finström (TUR). Varinasisuomi: Bromarv (4 ex. H), Halikko (2 ex H, TUR), Karjaa (H), Karjahoja (H, OULU), Kemiö (H, OULU, TUR), Kustavi (H), Lemurino (TUR), Lohja rural commune (2 ex. H), Localalhti (TUR), Mietoinen (TUR), Mynämäki (TUR), Parainen (4 ex. TUR), Piikkiö (TUR), Pohja (2 ex H), Turku (2 ex H, 14 ex. TUR), Uusikaupunki rural commune (OULU, TUR), Västanfjärd (H).


Sweden. Skåne: Örkeljunga (H), Bälinge: Malmö (H), Östra Småland: Hallingeberg (UPS), Västergötland (H). Jämtland: Alvastra (H), Gryt (UPS), Sättra (H). Norrbotten: Höstavik (UPS), Viby (H), Södermanland: Åspö (H), Flens (H), Nacka (S), Nåshult (H), Österhaninge (S), Överenhörna (S), Stockholm (H). Uppland: Borå (2 ex. UPS), Djursholm (S), Djurå (S), Häggeby (H), Husby-Sjutolft (H), Lena (UPS), Lövö (2 ex. UPS), Ö Ryd (S), Österåker (S), Roslags-Kulla (H, S), Solna (2 ex S), Stockholm (S), Väddö (H), Dalarna: Ludvika (H), Gävle (UPS).


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References


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